

DPS WEEKLY

January 4th, 2022



Help us welcome this new member to the DPS Family:

Justin Hawthorne

Position: Arkansas State Police
Highway Safety Admin. Specialist



Justin is originally from Dumas, AR and recently graduated from the University of Arkansas at Pine Bluff with a degree in Criminal Justice. He is looking forward to working with the Highway Safety Office, starting a new life, and focusing on his career!

DPS has partnered with the Arkansas Blood Institute to sponsor blood drive that will help with much needed blood donations. For each successful donation, \$10 will be donated to the Arkansas Chapter of COPS (Concerns of Police Survivors).

COPS is an organization that works to assist families of fallen police officers. For more about COPS, [click here](#).

Come out and join us in helping both of these great organizations!

January 4, 2022 at the Arkansas State Police Administrative Headquarters (Conference Room D)
10am - 3pm

BLEED BLUE BLOOD DRIVE
IN HONOR OF POLICE OFFICERS THAT HAVE GIVEN
THE ULTIMATE SACRIFICE

Bleed Blue Arkansas State Police Blood Drive
Tuesday, January 4
10 a.m. - 3 p.m.
Conference Room D

To schedule an appointment,
visit arkbi.org.

NATIONAL BLOOD DONOR MONTH 2022

GREATER GOOD
The Greater Good program is a charitable giving reward program available at the upcoming blood drive.
Donate blood and your donation could help provide a monetary contribution to COPS Arkansas Chapter.

ALL DONORS RECEIVE
A LIMITED BLEED BLUE BLOOD DRIVE T-SHIRT AND A NEW COVID ANTIBODY TEST. TEST DETECTS NATURAL OR VACCINE RESPONSE.*

*While supplies last. Photo ID required. Donors ages 16 or 17-years old need parental consent to be screened for COVID-19 antibodies. This test has not been FDA cleared or approved. It has been authorized by the FDA under an EUA (Emergency Use Authorization) for use by authorized laboratories. The test has been authorized only for the detection of the IgG antibody against SARS-CoV-2, and a positive result should not be interpreted as an indication of protection from illness.

877-340-8777
ARKBI.org

Arkansas Blood Institute



Christmas

DPS Office Challenge Winners!

Jessica Jordan and Mary Jo Harbin
DPS AFIS Office!!





THIS WEEK'S WELLNESS TIP!

Manage your money:

Money worries are oftentimes a big source of stress for some people. Saving for the future, home mortgages and paying off loans –it all adds up. Financial stress makes us emotionally brittle. For many people, the emotional weight of finances exists even with only moderate debt and an OK credit score. According to a recent study from the American Psychological Association, 72 percent of Americans reported feeling stressed about money at some point during the last month. Finances are the number-one cause of divorce in America, they're a major predictor of heart disease, and reduced outcomes for other illnesses.

The first step towards better financial health is examining your own behavior when it comes to money. For example, how do you feel after paying your monthly mortgage? Is your debt keeping you up at night? Does a fleeting midday thought of your bank account balance leave you irritable for the rest of the day? Financial trauma is a real thing—and if avoidance is your coping mechanism, then it's time to tackle the beast head-on. Overwhelmed with where to start? There are three steps we can all take toward achieving a healthier financial future:

- **Make a Plan:** Having a plan for your money is the best way to take care of yourself and the best way to make progress financially. It checks a few other boxes, too, like knowing where all your money and commitments are, and knowing how much money you make and how much money you cost.
- **Prioritize your savings:** The conventional wisdom is that you must have three to six months of emergency savings in the bank to be OK. That target is so far out of reach that many people have a hard time achieving it. The truth is, having just a couple hundred dollars in savings improves your financial decision-making ability; in fact, the new rule of thumb might just be one month's worth of costs. This means you can juice all your other progress by protecting a little bit of cash.
- **Spend in alignment with your personality and values:** Recent research showed that people get more joy from dollars spent on the things that align with their psychological fit (aka our identity). Formerly, economists thought all dollars were worth the same, meaning a dollar spent on a book is the same as a dollar spent on a concert.

DID YOU KNOW?

Arkansas State Troopers attend their own specialized recruit academy.

While almost all Arkansas law enforcement officers attend training at ALETA (Arkansas Law Enforcement Training Academy), Arkansas State Troopers begin their career by attending a 21 week academy at the Arkansas State Police Administrative Headquarters in Little Rock. The ASP Academy is specifically designed for the unique duties and skill set of an Arkansas State Trooper, and can not be attended by any other law enforcement agency recruits.

ASP Recruit School 2022-A will begin later this month with 40 new recruits. Please be mindful if you do have to visit ASP Administrative Headquarters, that these recruits will be on the grounds and constantly in a training environment. This is a very structured and busy time for not only the recruits, but also the ASP Training Staff.

The ASP asks that DPS employees please refrain from making unnecessary visits to the academy during the first 12 weeks of Troop School.



DPS Mission:

The Department of Public Safety's mission is to enhance the safety and security of all Arkansans through ethical, character-driven behavior that promotes professionalism, clear communication, and accountability while serving as the state's premier public safety agency.



DPS Core Values:

- **Respect** for everyone
- **Integrity** in everything we do
- Providing **excellence** in customer service
- Performance through **teamwork**
- Commitment to **servant leadership**
- Pursuit of **continuous improvement**

Department of Public Safety
1 State Police Plaza Drive
Little Rock, Arkansas 72209

Each week our Mission Moment will celebrate DPS employees who reach above and beyond the mission of the Department of Public Safety. We honor these individuals for their hard work, dedication, and commitment to public service.

MISSION Moments

ASP TROOPERS "SHOP WITH A COP" AROUND THE STATE



All across the state throughout the month of December, ASP Troopers took their boots off the highway, and into Walmart stores to team up with local law enforcement agencies for annual "Shop with a Cop" events! If you have never seen or heard of these fun events, the purpose is to foster positive relationships between youth and officers within their communities. Young kids, K - 6th grade are selected each year during the end-of-the-year holiday season to shop at one of the local area stores. Each child is given a small amount of money to spend, and paired up with an officer! As you can see by the smiles on all the faces above, this event is likely more rewarding for the troopers than it is the kids they meet!