

SY 2024-2025 Maximum Portion Size List

Recommendations from Arkansas Child Health Advisory Committee

Issue Number: CNU E-Memo 14-2024

Correspondence Date: 02/26/2024

Regulatory Authority: Arkansas Code § 20-7-134, Arkansas Code § 20-7-135, Arkansas Division of Elementary and Secondary Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools (November 2022)

Response Required: No

Attention: Superintendents, Child Nutrition Directors, Child Nutrition Managers, Menu Planners

Contact: Krista Jackson

Phone Number: 501-324-9502

Email: krista.jackson@ade.arkansas.gov

The [SY 2024-2025 Maximum Portion Size List](#) recommendations from the Arkansas Child Health Advisory Committee (CHAC) are now available. Click the link above to access the list.

These recommendations are for competitive foods and beverages sold anywhere on school campus. School Wellness Committees are encouraged to read and be familiar with the [Arkansas Division of Elementary and Secondary Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools](#) (November 2022) in addition to the federal Smart Snack requirements when offering competitive foods and beverages during the school day.

As the United States Department of Agriculture (USDA) continues to make updates to school nutrition standards, CHAC is reviewing the Maximum Portion Size List to align with these new standards and plans to include updates recommending the decrease of added sugars in competitive foods as those rules are finalized.

If you have any questions, please contact your district's Area Specialist at 501-324-9502.