

# SY 2025-2026 Maximum Portion Size List

## Recommendations from Arkansas Child Health Advisory Committee

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**Issue Number:** CNU E-Memo 23-2025

**Correspondence Date:** 03/21/2025

**Regulatory Authority:** Arkansas Code § 20-7-134, Arkansas Code § 20-7-135, Arkansas Division of Elementary and Secondary Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools (November 2022)

**Response Required:** No

**Attention:** Superintendents, Child Nutrition Directors, Child Nutrition Managers, Menu Planners

**Contact:** Krista Jackson

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The [SY 2025-2026 Maximum Portion Size List](#) recommendations from the Arkansas Child Health Advisory Committee (CHAC) are now available. Click the link above to access the list.

These recommendations are for competitive foods and beverages sold anywhere on school campus. School Wellness Committees are encouraged to read and be familiar with the [Arkansas Division of Elementary and Secondary Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools](#) (November 2022) in addition to the federal Smart Snack requirements when offering competitive foods and beverages during the school day.

If you have any questions, please contact your district's Area Specialist at 501-324-9502.